



# • Kids Empowered •

248-757-0912 • [info@girlsempowered.com](mailto:info@girlsempowered.com)

Facebook: Stop the Meanness, Spread the Kindness



Assemblies • Scout Workshops • Parenting Workshops • Professional Development

## Interested in empowering girls and boys?

Join Girls Empowered & Boys Empowered in learning how to run programs for girls and boys 6-14 years old.

Saturday, December 5, 2009,  
8:30 am - 3:00 pm

Location: Franklin Athletic Club  
29350 Northwestern Highway. Southfield, MI 48034

### The training will include:

- Learning how to help kids deal with mean kid behavior and bullying
- Learning how to build children's self-esteem
- Curriculum for one 6 week program

### Topics

Relational aggression & Bullying • Assertiveness training  
Communication skills • Self-esteem

**Who should attend:** School counselors, teachers, social workers, youth service providers

### Registration form

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

School/Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

To register please mail registration form and check:

Girls Empowered:

PO Box 236, Birmingham, MI 48012-0236

Registration is only complete with payment.

Register two people from the same organization and receive 10% off.

If you are interested in organizing training in your area please call 248-840-9858.

\$250 per person

### General information

The training workshop is open to any individuals interested in learning how to empower children and how to provide programs for girls and boys using the Kids Empowered curriculum. Participants trained in the Kid Empowered curriculum may not train other professionals. There are a few specified areas in Metro-Detroit and in the Ann Arbor area that individuals may not offer the program to children. You are required to sign a legal agreement outlining these provisions.

For Questions please email at [Kimber@girlsempowered.com](mailto:Kimber@girlsempowered.com) or call 248-840-9858

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