



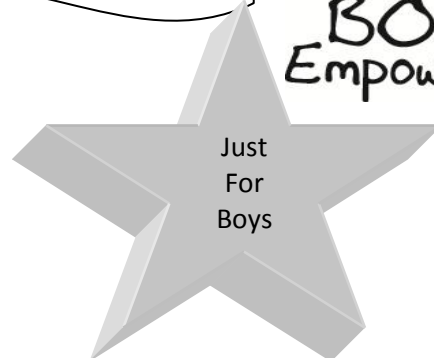
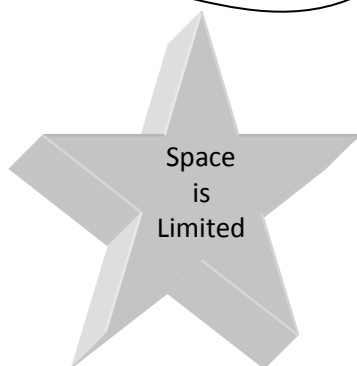
Girls Empowered\* Kids Empowered \* Boys Empowered

248-757-0912

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## Empowered with ADHD

Boys will have **intense fun** being physically active while learning social skills, friendship skills, being empowered, building confidence and bully-proofing themselves. This camp is specifically designed for the challenges and opportunities boys with ADHD face.

Games, Olympic challenge courses, role playing, educational activities, and going on nature hikes will all be part of the fun of teaching how to take advantage of one's strengths and learn to manage one's weaknesses. Guest speakers who have achieved success will speak about their journey.

Location: Roeper Upper School, Middle/Upper School, 1051 Oakland Ave., Birmingham, MI 48009

Time: 9:00-4:00 Dates: August 9-13 Monday-Friday \$350.00 Parent Demonstration: 3:30-4:00 Aug. 13

Ages: 9-11 yrs, 12-14 yrs

\*Bring healthy lunch, reusable water bottle, bring three healthy snacks, sunscreen \*Wear comfortable summer clothes and tennis shoes

\*Bring bike and helmet for bike rides on nature trails (there will also be a walking group if one prefers to walk)

Optional service: Evaluation and follow up coaching session to follow up on specific skill needs.

### Presented by: By Boys Empowered & Kevin Roberts

Kevin Roberts will be the Master Instructor using the Boys Empowered program and curriculum.

**Kevin Roberts** has been coaching kids and running study groups for over 12 years with ADHD and other learning challenges. Kevin is a former teacher at Roeper, an Academic turnaround specialist, and curriculum developer and board member of EmpowerADD, an 8-week life skills training program for young adults with ADHD. Kevin's talents include being fluent in several foreign languages and bring fun to the challenges of life! He is also the author of *Cyber Junkie: Avoid the Gaming and Internet Trap* (Hazelden, September 2010).

**Kimber Bishop-Yanke** is the founder of **Girls and Boys Empowered**, a 12 year old organization that has provided programs in building confidence, social skills, fitness, and dealing with meanness for over 55,000 children, parents, social workers, teachers, and counselors. Kimber speaks at national conferences and trains school staff on relational aggression and bullying. She does one-on-one coaching with children and parents who are dealing with bullying.

To register email: [kimber@boysempowered.com](mailto:kimber@boysempowered.com) for a registration form

[www.girlsempowered.com](http://www.girlsempowered.com)

248-840-9858

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