



SUMMER 2009 CAMPS
Register before 4/1 to save 10%

JUNE 15th – JUNE 19th – Fashion-Spa Week and Dealing with the Fashion Bully
9:00 A.M. – 12:00 P.M.

Girls will learn about fashion, skin care, hair, and appropriately dressing their age while still being able to express themselves. Girls will learn to stand up to the Fashion Bully, deal with peer and societal pressure to dress a certain way and be critical thinkers about the media. At the end of camp, the girls will show you what they have learned in a Fashion Show for family and friends.

Girls ages 6-9 yrs & 10-14 - \$150



JUNE 22nd – JUNE 26th – High School Musical by Girls Empowered
9:00 A.M. – 12:00 P.M.

Girls will have fun with hip hop dancing & singing while examining the social landscape in High School Musical. Learn how to identify mean girl behavior, what it looks like being a target, a bystander, & how to stand up for yourself. Girls role play the characters & learn how to have the confidence to be themselves. Girls perform a Girls Empowered version of the musical for their parents. Songs & lessons come from all 3 movies! Includes role plays, fitness activities, crafts, & games.

Girls ages 6-9 yrs & 10-12 - \$150

JUNE 29th – JULY 3rd
Assertiveness Boot Camp-What to say to the bully and more!
9:00 A.M. – 12:00 P.M.

Being assertive is a life skill every kid needs to have in dealing with bullies, in negotiating, handling conflict, setting boundaries, to be taken seriously, and getting their needs met. Kids will learn and practice being assertive in their words, voice, and body language through role-playing and crafts. This camp will help all kids no matter what their confidence level is including kids who may be too aggressive in how they communicate to those who don't use their voice at all.

Girls 6-9, 10-14 and Boys 6-9, 10-14 - \$150



JULY 6th – JULY 10th
Girl Power, Little Girl Power and Boy Power, Little Boy Power
9:00 A.M. – 12:00 P.M.

Kids will learn about personal power and how their attitude and beliefs about themselves affect how they handle friendships, peer relationships, and opportunities/problems in life. Kids will look at their inner-self and the outer-self they present to the world to see if it fits with who they want to be. Activities focus on building self-esteem, appreciation for who we are, what we have, our dreams and liking ourselves.

Girls 4-6, 6-9, 10-14 and Boys 4-6, 6-9, 10-14 - \$150

Register today! We can't wait to dance, sing and act with you!

Register before 5/9 for a FREE T-shirt!

All Camps are held at Dancer's Edge in Dexter

www.DextersDancersEdge.com

(734) 424-2626

DextersDancersEdge@yahoo.com



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ABCs of Social Skills
Aug. 3rd – Aug. 7th
12:00-4:00 P.M.

Kids will learn about 25 different Social Skills. Social Skills are the skills kids need to develop and manage relationships in life. Learning Social Skills like Dealing with being Left Out, Accepting No, Saying No, Negotiation, Compromise, Taking Turns, Beginning a Conversation, Joining a group, Handling Conflict and Dealing with Group Pressure can help any child be successful in relationships whether it's with peers, friends, family, teachers or later in life-Work!

Girls 6-9 & 10-14 - \$150



My Friends and Me!
Aug. 3rd – Aug. 7th
9:00 A.M. – 12:00 P.M.

Kids will have fun learning how to be a good friend! This camp will teach the ABCs of friendship skills including how to make new friends, sharing, cooperation, being loyal, dealing with disagreements and conflict, and things to say and not to say when being a good friend. Kids will have fun with friendship themed crafts and stories.

Girls 6-9, 10-14 - \$150
Girls & Boys 4-6 - \$150

Assertiveness Boot Camp-What to say to the bully and more!
Aug. 17th – Aug. 21st
9:00-12:00 P.M.

Being assertive is a life skill every kid needs to have in dealing with bullies, in negotiating, handling conflict, setting boundaries, to be taken seriously, and getting their needs met. Kids will learn and practice being assertive in their words, voice, and body language through role-playing and crafts. This camp will help all kids no matter what their confidence level is including kids who may be too aggressive in how they communicate to those who don't use their voice at all.

Girls 6-9, 10-14 - \$150

Get Ready for Middle School
Aug. 17th – Aug. 21st
12:00-3:00 P.M.

Going to Middle School is one of the biggest transitional periods for kids. This can be an exciting new adventure and/or an emotionally challenging time. This camp will help your kid prepare for changes in friendships, their bodies, and nutritional needs. They will learn how to get involved, meet new people, manage stress, and be organized. This camp will help your daughter or son prepare for the social scene in middle school. This camp includes 2 crafts.

Girls and Boys Going into Middle School - \$150

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List previous experience: _____

Where did you hear about Girls Empowered?

Release/Disclaimer:

Registration will not be accepted without the legal signature.

I, _____, the authorized legal representative of

_____, jointly and severally hereby releases, discharges, and acquits Dancer's Edge @ Studio/Girls Empowered, including all owners, all employees, teachers, and agents from any and all claims for damages or injuries of any kind, nature or description, resulting from Girls Empowered/Dancer's Edge activities. This expressly includes, but is not limited to, any injury or damage caused by or resulting from the negligence of Dancer's Edge @ Studio/Dancer's Edge all owners, all employees, teachers, agents, etc. I acknowledge the fact that certain types of injuries are common and inherent in dance and tumbling-related activities. This release includes but is not limited to this type of injury. This release shall be binding upon and inure to the benefit of the parties, their successors, assigns, and personal representatives. I have read and understand all Girls Empowered/Dancer's Edge policies and agree to abide by those policies and make all payments necessary for participation in Girls Empowered/Dancer's Edge activities.

I hereby **DO GIVE/DO NOT GIVE** (circle one) Dancer's Edge/Girls Empowered permission to use images of my child, _____ captured during regular and special dance classes through video, photo and digital camera to be used solely for the purposes of studio fliers, publications and the studio website. I understand that my child's name will not be stated with the photo.

In case of an emergency, hospital preference:

Insurance information and Policy Number:

Medical Information: *(any medical restrictions)*

By signing this document: *You agree that all the information provided is true to the best of your knowledge. You agree that you have read and understand the risk. You give permission for emergency medical transportation and treatment at your expense, if the needed. You agree to update this document should any of the information change. You agreed to the public display of any studio pictures of your child. You have thoroughly read, understand, and agree to the following documents, Dancer's Edge Dance Studio Registration Form , Dancer's Edge Dance Studio/Girls Empowered Information and Dancer's Edge Dance Studio Class and Rehearsal Schedule.*

Participant/Date _____

Parent or Guardian/Date _____